**PAPER 1 COGNITIVE APPROACH REVIEW SHEET**

*The following table is taken from “IB Psychology: A Revision Guide” (*[*Link*](https://store.themantic-education.com/collections/ib-psychology/products/ib-psychology-a-revision-guide)*).*



The exam questions will be based on the topic and content headings as shown above (Note: terms in italics will only be asked from May 2020 onwards).

**Exam Questions**

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| **TOPIC** | **Content** | **SAQs** | **Essay Questions** |
| **Cognitive Processing** | **Models of memory** | * Describe one model of memory.
* Outline one study related to one model of memory.
 | * Contrast two models of memory.
* Evaluate one model of memory.
* Evaluate one study related to one model of memory.
* Discuss models of memory.
 |
| ***Multi-store model*** | * Outline the multi-store model of memory.
 | *SAQ term only* |
| ***Working memory model*** | * Describe the working memory model.
* Explain how one study supports the working memory model.
 | *SAQ term only* |
| **Schema theory** | * Explain schema theory.
* Describe how one study relates to schema theory.
 | * Evaluate schema theory.
* Discuss one or more studies related to schema theory.
 |
| ***Cognitive schema*** | * Explain one study related to cognitive schema.
 | *SAQ term only* |
| **Thinking and decision making** | * Explain one theory or study related to  thinking and decision-making.
* Describe one theory of thinking and decision making.
 | * Evaluate one theory or study related to  thinking and decision-making.
* Discuss one theory of thinking and decision making.
 |
| ***Rational (controlled)*** | * Describe one example of rational (controlled) thinking.
 | *SAQ term only* |
| ***Intuitive thinking (automatic)*** | * Outline one example of intuitive (automatic) thinking.
 | *SAQ term only* |
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| **Reliability of cognitive processing.** |  | * Outline one study on the reliability of one cognitive process.
 | * Discuss the reliability of one cognitive process.
* Evaluate one or more studies on the reliability of one cognitive process.
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| **Reconstructive memory** | * Explain one theory or study relevant to reconstructive memory.
* Describe how one study demonstrates reconstructive memory.
 | * Evaluate one theory or study relevant to reconstructive memory.
 |
| **Bias in thinking and decision making** | * Explain one bias in thinking and decision making.
* Explain how one bias in thinking and/or decision making can be shown in one study.
 | * Discuss one  or more biases in thinking and decision making.
* Discuss one biases in thinking and decision making.
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|  |  |  |  |
| **Emotion and cognition** | **The influence of emotion on cognitive processes** | * Explain the influence of emotion on one cognitive process.
* Explain how one study demonstrates the influence of emotion on cognition.
* Explain how emotion may affect one cognitive process.
 | * Discuss the influence of emotion on one cognitive process.
* To what extent does emotion affect cognition?
* Discuss how emotion may affect one or more cognitive processes?
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**Research Methods & Ethical Considerations**

Questions about research methods and ethics will be based on the three “topics” for the cognitive approach (cognitive processes, the reliability of cognitive processes and emotion and cognition).

**Research Methods**

**Short Answer Questions**

* Outline one research method used to study cognitive processes.
* Describe the use of one research method used to study cognitive processes.
* Explain how and why one research method is used to study the reliability of one cognitive process.
* Explain the use of one research method used in the cognitive approach to understanding human behaviour.

**Essay Questions**

* Discuss one research method used to study cognitive processes.
* Evaluate one or more research methods used to study cognitive processes.
* Evaluate the use of one research method used to study the reliability of cognitive processes.
* Evaluate how and why one research method is used to study the effects of emotion on cognition.
* Discuss the use of one or more research methods used in the cognitive approach to understanding human behaviour.

**Ethical Considerations**

**Short Answer Questions**

* Outline one ethical consideration related to studies on cognitive processes.
* Explain one ethical consideration relevant to studies on the effects of emotion on cognition.
* Explain one ethical consideration relevant to one study on the reliability of cognitive processes.
* Outline one ethical consideration related to studies in the cognitive approach to understanding human behaviour.

**Essay Questions**

* Discuss one ethical consideration relevant to studies on cognitive processes.
* Discuss one ethical consideration relevant to one study on the reliability of cognitive processes.
* Discuss ethical considerations relevant to research on the effects of emotion on cognition.
* Discuss one or more ethical considerations relevant to research on cognitive processes.
* Discuss one or more ethical considerations related to research in the cognitive approach to understanding human behaviour.