**IB World Religions Final Review WorkSheet on Taoism & Hinduism**

**-Complete this worksheet (especially the parts in red) and upload to canvas for 20 point grade**

**TAOISM**

1. Go back and review all of your class notes from Taoism.

2. Go back and read your seminar essay about Taoism you wrote in December.

3. You can look at my website: “Religion 2nd Sem” Week 1 Best Taoism Seminar Essays

4. Look at the Official IB Study Guide about Important Terms and Concepts you must know for Taoism (and all the 5 Religions). Click on my website: ‘Religion 1st Sem’ Click on “Week 1 Official IB World Religions GUIDE”

-Look at Pages 16 about Taoism

5. WHAT ARE THE KEY WORDS OF TAOISM: (if you can write them in Mandarin characters and explain their hidden meanings would be fantastic!!)

1) **Wu Wei- “effortless action”**

-the idea is really about not letting your ego get in the way of your actions and trusting the flow of the Tao

2) **Pu-“The Uncarved Block”-**

-the idea is that everything’s natural essence is Tao and is perfect. You are naturally perfect. You mess things up when you try to be something you are not (usually because of your ego)

3) **Yin-Yang**

-the idea is that the perfect BALANCE of yin and yang energies is always the best “way”

-there is no “sin” in Taoism. Problems arise when there is an IM-BALANCE of yin and yang.

4) **Freedom & Creativity**

-the Tao is endlessly free and creative and the ‘meaning of life’ is for you to ‘take part in this dance’ of endless freedom and creativity

5) What other Taoist main ideas and vocabulary words would you add to this list?

6. **Philosophical Taoism**

-Be able to mostly talk about Laozi and the Tao te Ching, but also try to mention Zhuangzi

1) **Dates of Laozi and Tao te Ching?**

**What are some specific passages from the Tao te Ching you can use?**

**-water?**

**-feminine?**

**-etc?....**

2) **Dates of Zhuangzi?**

**What are some specific stories from Zhuangzi you can use?**

**-the “useless tree”?**

**-the “frog in the well”?**

**-others?**

7. **Practical Taoism**

-You can talk about how Taoist Masters try to use the ideas of philosophical Taoism for better health, better life, and ultimately ‘immortality’

1) **Qi Gong- details?**

**2) Tai Chi- details?**

3) Traditional Chinese Medicine- details?

4)Chinese martial arts- details?

5) Classic Chinese art- art, poetry, etc…

8. **Religious Taoism**

-the main idea is how to collect Qi (in a Temple) and use it collectively for the entire village or society (thru Temple rituals)

1) Discuss Taoist Temples in Taiwan

2)Discuss Taoist festivals in Taiwan

3)Taoist ideas and Taoist immortals represented as Taoist Gods and Goddesses

-Tu Di Gong?

-Mazu?

-Jade Emperor?

Etc…

4)Other examples of Religious Taoism?

**HINDUISM**

1. Go back and review all of your class notes from Hinduism.

2. Go back and read your seminar essay about Hinduism you wrote in 1st Semester.

3. You can look at my website: “Religion 1nd Sem”

Week 3 Best Samsara Paper 1 and also ‘Week 5 Best Hinduism Seminar Essays”

4. Look at the Official IB Study Guide about Important Terms and Concepts you must know for Hinduism (and all the 5 Religions). Click on my website: ‘Religion 1st Sem’ Click on “Week 1 Official IB World Religions GUIDE”

-Look at Pages 14 about Hinduism and also

PAGES 27-31 INDEPTH STUDY OF HINDUISM

5. What are the main ideas of Hinduism?

a. What are 4 stages of your soul (atman) in SAMSARA until it reaches MOKSHA?

b. ATMAN= BRAHMAN and BRAHMAN = ATMAN?

c. What are the 4 MARGAS “Paths” to reach Moksha? (Add more notes)

1) Jnana Marga- philosophical path- studying Hindu philosophy and sacred texts

2) Karma Marga- selfless work

3) Raja Marga- yoga & meditation

4) Bhakti Marga- devotion to Hindu gods and goddesses at temples and thru rituals

d. Sacred Texts

1) The Bhagavad-Gita

-What are main ideas and basic plot?

-How does it show how you can use all 4 Margas to reach moksha?

2) Patanjali’s Yoga Sutras

-What are main ideas?

-Can you give some details and key words from different steps? Yama-Niyama-Asanas-Pranayama- Pratyahara- Dharana- Samadhi

3) Practices and rituals?

a. raja marga- yoga and meditation

b. bhakti marga- rituals and practices to worship gods and goddesses?

-Give some examples?

-Darshan?

-Aarti?

-Mantras?

c. Festivals and holidays?

-Diwali?

-Holi?

-Pilgrimages? (like the one we watched to Tirupati?)

-Varanasi (especially for death rituals?\_

4) HINDUISM’s VIEW OF GOD?!?!

-1 God expressed in multitude of forms

-Trinity? -Brahma-Shiva-Vishnu

-Avatars of Vishnu (Krishna)

-Other important gods and GODDESSES

-Ganesha? Kali? Etc…..

5) Any other important things to prepare for Hinduism?